



FAX REQUISITION FORM TO: 905-636-0449

TO BOOK AN APPOINTMENT CALL : 905-636-9900

\* If you need to re-schedule your appointment, please call us at least 24 hours in advance so that we can accommodate other patients if necessary.

PATIENT INFORMATION

REFERRING PHYSICIAN

FIRST NAME :
LAST NAME :
OHIP NO :
D.O.B. :
ADDRESS :
TEL NO. :

REFERRING MD :
MD SIGNATURE :
BILLING NO :
ADDRESS :
FAX NO :

URGENT

Grid of checkboxes for medical tests: CARDIOLOGY CONSULTATION, INTERNAL MEDICINE CONSULTATION, ECHOCARDIOGRAPHY, STRESS ECHO, STRESS TEST, RESTING ECG, HOLTER, CHF / HTN, CHEST PAIN / CAD, ARRHYTHMIA, AMBULATORY BLOOD PRESSURE MONITOR, CONTINUOUS RECORDERS, NUCLEAR CARDIOLOGY, LOOP / CARDIAC EVENT MONITOR, IF TEST IS ABNORMAL PLEASE ARRANGE FOR A CONSULTATION, PRE OR POST EVALUATION, PCI, DEVICE PLACEMENT, EP PROCEDURES, SURGERY, OTHER.

REASON FOR TEST

Grid of checkboxes for reasons for test: PALPITATION, CHEST PAIN, SOB, ABNORMAL ECG, CHF, ARRHYTHMIA, STROKE / TIA, PAD, MI, VALVULAR DISEASE, HEART MURMUR, PERIPHERAL EDEMA, OTHER, HYPOTENSION, HTN, SYNCOPE / DIZZINESS, ENDOCARDITIS, AORTIC DISSECTION, PULMONARY HYPERTENSION.

MODERATE TO HIGH RISK PROGRAM

Grid of checkboxes for risk factors: AGE, FAMILY HISTORY, ETHNICITY, DIABETES MELLITUS, HYPERTENSION, SMOKING HISTORY, OBESITY, SEDENTARY LIFESTYLE, HIGH STRESS, DYSLIPIDEMIA, POOR DIET, METABOLIC SYNDROME.



## PATIENT PREPARATION INFORMATION

### CARDIOLOGY DIAGNOSTIC PROCEDURES

**ECHOCARDIOGRAM:** This ultrasound test checks the structure and function of your heart and takes approximately 30-45 minutes. **No preparation is required.**

**EXERCISE STRESS TEST:** This is a treadmill test that assesses your cardiovascular health and generally takes 20 to 30 minutes. **Wear comfortable clothing and running shoes** and come with an **empty stomach or after a light meal.** Check with your Doctor if you need to temporarily stop taking some of your **medications** before the test.

**ELECTROCARDIOGRAM (ECG):** This test tells us about your heart rhythm and takes approximately 15 minutes. **No preparation is required.**

**HOLTER MONITOR:** You will be wearing an ECG recorder (size of a pager) continuously for 48 or 72 hours while carrying out your regular daily activities to detect any abnormal heart rhythm. The hook-up process takes about 20 to 30 minutes. The recorder must be returned to us immediately after the monitoring for analysis. **No preparation is required. You cannot get the recorder wet or take a shower while wearing the recorder.**

**EVENT MONITOR:** You will be wearing a recorder (size of a pager) for 2 weeks while carrying out your regular activities to detect any abnormal heart rhythm. The hook-up process takes 20 to 30 minutes. The recorder must be returned to us after the monitoring period. **No preparation is necessary.** During the hook-up, you will be instructed on how to transmit test data over the phone when necessary and how to take off the recorder for a shower.

**BLOOD PRESSURE MONITOR\*\*:** You will be wearing a blood pressure cuff around your arm for 24 hours. The machine will automatically take your blood pressure every 20 to 60 minutes. The hook up process takes about 20 to 30 minutes. The monitor must be returned to us immediately after the monitoring for analysis. **No preparation is necessary. You cannot get the monitor wet or take a shower while wearing the recorder.**

\*\* There is a charge for this test as it is not covered by OHIP \*\*

## HEALTHY HEART CENTRE

Tel: 905-636-9900

647-832-0739

Fax: 905-636-0449

**Business Hours:**

**Monday-Friday | 10AM - 6PM**

**Saturday | 10AM - 3PM**

**Sunday | Closed**

**Email: [info.hope@healthyheartcentre.ca](mailto:info.hope@healthyheartcentre.ca)**

**Web: [www.healthyheartcentre.ca](http://www.healthyheartcentre.ca)**

### LOCATIONS

**16-348 Bronte Street S.,  
Milton, ON, L9T 0H7**

**225-1333 Neilson Road,  
Toronto, ON, M1B 4Y9**